

# Lansing Sailing Club

## Level 2 Sailing Certification – Gentle Breeze up to 12 mph

*Note: This Certification is for Lansing Sailing Club use only and is not comparable to certification programs by U.S. Sailing or others.*

*Level 2 Sailing Certification entitles a member to sail a Club owned Sunfish or Laser in Gentle Breeze conditions, provided the member also holds LSC Certification for the boat they are sailing. A Gentle Breeze has large wavelets with crests that are beginning to break and there may be some scattered whitecaps – wind speed generally up to about 12 mph. Junior Sailors holding this certification must confine their sailing to an area of the lake near the Sailing Club and have an adult available on shore to monitor the Junior Sailor. The adult must be able to provide assistance to the Junior Sailor if necessary.*

All the requirements of Level 1 Certification must be satisfied along with these additional requirements:

- Knots:** Demonstrate the ability to tie a bowline and clove hitch (*these are the knots often required in sailing*).
- Use Sail as a Brake:** Show how the sail is used as a brake to quickly stop the boat or to control the speed of the boat (*in higher wind conditions, it is often necessary to be able to control the speed of the boat when approaching a dock or mark*).
- Proper Tacking Technique:** Show how to tack while crossing the boat looking forward and sailing with the tiller extension behind your back until safely on the new tack - then changing hands on the tiller while keeping hold of the mainsheet (*in higher wind conditions, proper technique during the tack enables the sailor to maintain control of the boat at all times*).
- Proper Gybing Technique:** Show how to gybe while crossing the boat looking forward and sailing with the tiller extension behind your back until safely on the new gybe - then changing hands on the tiller while keeping hold of the mainsheet (*in higher wind conditions, proper technique during the gybe enables the sailor to maintain control of the boat at all times*).
- Congested Situations:** Demonstrate confidence to sail in congested situations including easing the mainsheet as necessary to facilitate turning the boat away from the wind (*in higher wind conditions, the sail must be eased for the boat to turn away from the wind – this is a critical safety requirement*).
- Downwind Sailing:** Show the ability to sail a downwind course that avoids “sailing by the lee” (*sailing by the lee puts the boat in greater danger of an accidental gybe*).
- Rules of the Road:** Show an understanding of these four basic rules for avoiding collisions:
  - 1 - Avoid collisions regardless who has right of way.
  - 2 - Port tack boats must keep clear of starboard boats.
  - 3 - Boats behind must keep clear of boats ahead.
  - 4 - Boats to windward must keep clear of leeward boats.*(These are the basic rules for safe sailing near other boats.)*