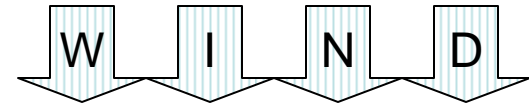


# Getting Out of “Irons”



Sometimes your boat will be pointing toward the wind and the sail will be luffing (flapping back and forth). Soon the boat will come to a stop. This is called “being in irons”. The boat in position 1 is “in irons”.

To get out of irons, you need to turn the boat so the wind is coming over the side of the boat instead of over the front of the boat.

The fastest way to do this is to sail backward. Once the boat starts moving, you will be able to turn it.

Push the sail out so the wind hits the back of the sail. At the same time, push the tiller toward the sail (position 2).

Soon the boat will be sailing backward – and turning (position 3).

Once the wind is coming over the side of the boat, pull in the sail and pull the tiller back to the middle of the boat (position 4). Presto, you are sailing forward again.

